

BLS Instructor Course Agenda – STUDENT

(6 hours without breaks) (Updated 5/11/18)

Training Center: Allied 100, LLC: TC ID#: TC ID Wi 20877, **TC Coordinator: Mike Carlin:** mike@aeds.com, (800) 766-1745, 1800 US Hwy 51 N, Woodruff, WI 54568, <https://www.allied100.com>

Training Site: AmeriMed CPR Training: TS ID#: TS9600019, **TS Coordinator: Christine Gallagher:** chrisg@amerimedcpr.com, (619) 469-7109, 7435 University Ave., #104, La Mesa, CA 91942, www.amerimedcpr.com

REGISTRATION

Turn in all requested paperwork:

COPY of BLS certificate

Printed copy of BLS Instructor Essentials online course completion

BLS Instructor Candidate Application

Introduction & housekeeping

Tell us why you're here

Review format of classroom course

Video, role play, discussion, skills test, written test

INSTRUCTOR CANDIDATE WORKBOOK (15 minutes)

Review pages 7-12

BLS PROVIDER INSTRUCTOR-LED COURSE (approximately 2 hours total)

INSTRUCTOR MANUAL (15 minutes)

Review Part 1 - Preparing

BLS PROVIDER COURSE DVD & ROLE PLAY (90 minutes)

Become familiar them with using the DVD menu and the in-hospital vs out of hospital scenarios
Understand how the DVD and Lesson Maps are formatted to:

Show a scenario

Show skill instruction

Show Practice While Watching

Show the 1-rescuer scenario

Show the Scene Safety instructions

Show and practice the PWW of Scene Safety

INSTRUCTOR MANUAL

Review & discuss Lesson Plans 2 & 3: **1-Rescuer Adult CPR and AED & BVM**

Practice leading the AED Review & Practice

Review & discuss Lesson Plan 4: **2-Rescuer Adult CPR**

BLS PROVIDER COURSE DVD & ROLE PLAY

Role play PWW of 2-Rescuer Adult BLS

TAKE A 10 MINUTE BREAK

BLS PROVIDER INSTRUCTOR MANUAL & COURSE DVD (40 minutes)

Review & discuss Lesson Plans 5-6A: **6-Person High Performance Teams**
Discuss the use of feedback devices during CPR training
Discuss compression fraction ratio
Discuss debriefing vs feedback
Watch High-performance team activity

INSTRUCTOR MANUAL (15 minutes)

Review Lesson Plans 7-11: **child, infant CPR, Special Considerations, choking**
Note that there is no BLS skills test for children
Note that rescue breathing can be an instructor-led practice on infants if adult manikins are put away

INSTRUCTOR MANUAL –TESTING & REMEDIATION (40 minutes)

Review skills testing sheets
Review the written exam (must return written exams after this section)
Review Lesson Plans 13 - 16
Lessons 13-14: **skills testing**
Also found in Part 3: Testing & Remediation of Instructor Manual
Review how to use the skills testing sheets and where to find the critical skills descriptors
Discuss remediation options for skills testing
Lesson 13: **written exam**
Administered during instructor-led course.
Taken online during blended-learning course (HeartCode BLS)
Instructors must get them from their TC
Students can miss only 4 to pass (84%) to pass
Exam is open source (book, internet, posters)
Exam is not open discussion
Instructor/TC determine time-limit within AHA compliance
Lesson 16: **remediation**
Also found in Part 3: Testing & Remediation of Instructor Manual
Discuss remediation options for written test

TAKE A 10 MINUTE BREAK

INSTRUCTOR ESSENTIALS DVD

Practice skills testing with DVD
Review remediation steps for the scenarios in which the students fail

HEARTCODE BLS BLENDED-LEARNING COURSE (15 minutes)

INSTRUCTOR MANUAL

Review HeartCode BLS (blended-learning) Lesson Plans & note differences
Part 1 is online and includes the written exam
Student must bring printed course completion certificate to hands-on course
Review the 3 different course agendas for the hands-on portion
The 3-hour agenda - in the Instructor Manual & on Instructor Network
The 2.25-hour agenda - only on the Instructor Network.
The 70-minute agenda - only on the Instructor Network.

INSTRUCTOR ESSENTIALS DVD

Watch the HeartCode BLS demo

BLS PROVIDER COURSE CONCLUSION (5 minutes)

INSTRUCTOR MANUAL

Review Lesson Plan 12: **Conclusion**

Understand the following key points

- AHA policies & protocol
- Course Preparation & Paperwork
- Course formats & instructor materials
- BLS Lesson Plans & flexibility
- Testing & remediation
- HeartCode BLS

TAKE A LUNCH BREAK

HEARTSAVER INSTRUCTOR -LED COURSES (50 minutes)

HSVR INSTRUCTOR MANUAL

Review the list of various Heartsaver course combinations in Part 1: Preparing for the Course - Portfolio Structures

Go to Heartsaver Lesson Plans (note that there is also a blended-learning format available)

Note the course format and Lesson Plans are similar to BLS course

First Aid skills are ALL instructor-led, not PWW

First Aid skills are tested immediately after each practice session

There are several built-in pauses in First Aid DVD for discussion due to high course content

Review Lesson 2: **Adult CPR**. Discuss key points:

- Students practice mouth-to-mouth and mouth-to-mask breaths
- Instructors lead AED review & practice
- Instructors lead “putting it all together” full CPR AED practice
- Heartsaver terminology is different than BLS terminology
- Heartsaver DVD has summary discussions at the end of full CPR AED sequences

Review Lesson 7: Naloxone. Intro to Naloxone is included in HSVR courses to raise public awareness due to the prevalence of opioid-overdose.

Written test for Heartsaver courses is optional but scoring is the same as in BLS course.

INSTRUCTOR ESSENTIALS DVD

Practice Heartsaver skills testing with scenarios on Instructor Essentials DVD

HEARTSAVER BLENDED LEARNING COURSES (10 minutes)

HSVR INSTRUCTOR MANUAL

Review Heartsaver Blended Lesson Plans

- Students must first complete online course and bring course completion certificate to skills session

- Review Part 4: Additional Resources for an overview of the skills covered in Heartsaver skills session
- Note that students must have ample skills practice prior to being tested on their skills

INSTRUCTOR ESSENTIALS DVD

Watch Heartsaver online demo

Note that there is no blended-learning specific Heartsaver DVD like HeartCode BLS Lesson Plans instruct you on how to incorporate Heartsaver DVD in skills session

HEARTSAVER STUDENT DVD

Observe how to navigate DVD menu options with Heartsaver Blended Learning Lesson Plans

TAKE A 10-MINUTE BREAK

INSTRUCTOR RESOURCES (20 minutes)

AHA INSTRUCTOR NETWORK (IN)

Observe how to access the PAM and what can be found in the PAM

Create an Instructor Network account and align with your chosen Training Center

Ours: **City: Woodruff | State: Wisconsin | TC ID Wi20877 | Allied 100, LLC**

You will get your instructor ID number upon completion of monitoring

That ID number will be on your instructor certificate and all student certificates

You may align with a secondary TC

Observe how all resources are on the AHA IN EXCEPT WRITTEN EXAMS

AHA adds all updates to the Instructor Network. Check it regularly.

TRAINING CENTER SPECIFIC POLICEIS

How to advertise classes and communicate with students

AHA IN “My Classes”. “Add a class”

How to get training equipment (manikins, AED trainers, BVMs, mouth pieces, etc)

Online searches

How to get training materials (student books & DVDs)

Channing-Bete; Laerdal; World Point; Allied 100, LLC

Course roster management and course completion cards

- Allied 100, LLC TC = instructors are set up with an Enrollware account by Mike Carlin to order course completions cards and submit completed course rosters
- Course completion cards are all electronic and are put into your AHA Instructor Network card inventory.
- Instructors issue their students’ course completion cards from the AHA Instructor Network account.

Dispute resolution – each TC has its own policy. Allied 100, LLC currently has theirs under review.

Compliance with Americans with Disabilities Act – each TC has its own policy. Allied 100, LLC currently has theirs under review.

AmeriMed CPR TRAINING WEBSITE

<https://www.amerimedcpr.com/bls-cpr-instructor-resources/>

Has most of the same resources that are available on the AHA Instructor Network, but without needing a user name and password or an Instructor ID number

CONCLUSION (30 minutes)

Continue to become familiar with all instructor materials and resources

Ask your final questions before taking the written exam

Remember, passing the written exam and being monitored within 6 months are your final steps to becoming an instructor.

INSTRUCTOR ESSENTIALS WRITTEN EXAM

Complete the written exam and course evaluations