

CORONA VIRUS UPDATE

[\[En Español\]](#)

Because we serve essential sectors, we are holding classes for those who are working in essential sectors who need their CPR certificate to continue to offer our training courses to healthcare providers, EMS personnel, childcare providers, and construction workers so that they may continue to provide their essential services with **the following**

modifications/options:

- We are reducing our class sizes to a maximum of 6 students, or less (per the current recommendations).
- **We will provide 6 feet, or more, of space between students.**
- **Each student will have their own manikin.**
- **There will be no rescue breathing performed on the manikin.**
- **We will practice hands-only CPR and the use of the AED.**
- **Each student will use gloves.**
- Healthcare providers will practice hands-only single rescuer CPR, use of the BVM in 2-person CPR, and the use of the AED.
- First Aid practice will not include any skills that involve touching another person.
- Classrooms are thoroughly disinfected before and after each class.
- Classrooms will stay ventilated during class.
- If you have symptoms of any illness, please reschedule your class.
- Translators are currently not allowed in class. If you need a translator, you will need to postpone your class.

ONLINE CPR TRAINING OPTIONS

- Due to the COVID-19 crisis, **online BLS, CPR, and First Aid courses with skills assessment are now accepted** for those working in essential sectors.
- **This includes childcare providers and healthcare providers.**
- Students receive the same course completion card (certificate), regardless of the course format.
- This option includes completing an online course (1-2 hours) and attending a one-on-one, in-person skills assessment with an instructor (1-1.5 hours).
- One-on-one skills assessments are scheduled BY APPOINTMENT by calling 619-469-7109 Monday-Friday, 9:30 am to 3:00 pm, or emailing Info@AmeriMedCPR.com

STEPS FOR COMPLETING YOUR CERTIFICATION ONLINE:

1. Purchase and complete the correct American Heart Association online course:

HEALTHCARE PROVIDERS complete the HeartCode BLS online course (\$28.50) using this web link:

<https://shopcpr.heart.org/heartcode-bls>

CHILDCARE PROVIDERS complete the Heartsaver Pediatric First Aid online course (\$20.00) using this web link:

<https://shopcpr.heart.org/courses/heartsaver-pediatric>

ALL OTHER LAY RESCUERS complete the Heartsaver First Aid CPR AED online course (\$30.00) using this web link:

<https://shopcpr.heart.org/courses/heartsaver-first-aid-cpr-aed>

2. Call 619-469-7109 or email Info@AmeriMedCPR.com to schedule your one-on-one skills session (approximately .5 to 1.5 hours).

SKILLS SESSION FEE: \$50.00