

Heartsaver Adult CPR AED Instructor-Led Course Agenda
Lesson times are estimates and can vary from course to course.

Lesson	Duration (in minutes)
Adult CPR AED	
Lesson 1: Adult CPR AED Introduction	9
Lesson 2: Adult CPR	28
Lesson 3: Use an AED (Adult)	8
Lesson 4: Adult CPR AED Conclusion	2
Lesson 5: Adult CPR and AED Skills Test	20
Lesson 6: Drug Overdose: Opioid-Associated Life-Threatening Emergencies	3
Lesson 7: Adult Choking	5
Lesson 8: Water Safety	4
Lesson 9: Conclusion	2