

STUDENT BLS Instructor Course Agenda (approximately 8 hours) (Updated 4/26/19)

Training Centers (TC) oversees Training Sites and instructors, maintains all course rosters, and sells course completion cards. All AHA Instructors must align with a Training Center. AmeriMed CPR Training is a Training Site (TS) aligned with **Allied 100, LLC Training Center (TC)**: Allied 100, LLC's TC ID# is: Wi 20877. Allied 100, LLC's **TC Coordinator is Mike Carlin**: mike@aeds.com, (800) 766-1745, 1800 US Hwy 51 N, Woodruff, WI 54568, <https://www.allied100.com>

Training Sites (TS) is appointed by a training center, operates as a satellite of that training center, and may teach instructor courses. **AmeriMed CPR Training is a Training Site (TS) aligned with Allied 100, LLC TC**. AmeriMed CPR Training's TS ID# is TS9600019. AmeriMed CPR Training's **TS Coordinator is Christine Gallagher**: chrisg@amerimedcpr.com, (619) 469-7109, 7435 University Ave., #104, La Mesa, CA 91942, www.amerimedcpr.com

REGISTRATION

Turn in all requested paperwork:

COPY of BLS certificate

Printed copy of BLS Instructor Essentials online course completion

BLS Instructor Candidate Application

Introduction & housekeeping

Tell us why you're here

Review format of classroom course

Video, role play, discussion, skills test, written test

INSTRUCTOR CANDIDATE WORKBOOK (15 minutes)

Review pages 7-12

BLS PROVIDER INSTRUCTOR-LED COURSE (approximately 2 hours total)

INSTRUCTOR MANUAL (15 minutes)

Review Part 1 - Preparing

BLS PROVIDER COURSE DVD & ROLE PLAY (90 minutes)

Become familiar them with using the DVD menu and the in-hospital vs out of hospital scenarios

Understand how the DVD and Lesson Maps are formatted to:

Show a scenario

Show skill instruction

Show Practice While Watching

Show the 1-rescuer scenario

Show the Scene Safety instructions

Show and practice the PWW of Scene Safety

INSTRUCTOR MANUAL

Review & discuss Lesson Plans 2 & 3: **1-Rescuer Adult CPR and AED & BVM**

Practice leading the AED Review & Practice

Review & discuss Lesson Plan 4: **2-Rescuer Adult CPR**

BLS PROVIDER COURSE DVD & ROLE PLAY

Role play PWW of 2-Rescuer Adult BLS

BREAK

BLS PROVIDER INSTRUCTOR MANUAL & COURSE DVD (40 minutes)

Review & discuss Lesson Plans 5-6A: **6-Person High Performance Teams**

Discuss the use of feedback devices during CPR training

Discuss compression fraction ratio

Discuss debriefing vs feedback

Watch High-performance team activity

INSTRUCTOR MANUAL (15 minutes)

Review Lesson Plans 7-11: **child, infant CPR, Special Considerations, choking**

Note that there is no BLS skills test for children

Note that rescue breathing can be an instructor-led practice on infants if adult manikins are put away

INSTRUCTOR MANUAL –TESTING & REMEDIATION (40 minutes)

Review skills testing sheets

Review the written exam (must return written exams after this section)

Review Lesson Plans 13 - 16

Lessons 13-14: **skills testing**

Also found in Part 3: Testing & Remediation of Instructor Manual

Review how to use the skills testing sheets and where to find the critical skills descriptors

Discuss remediation options for skills testing

Review & practice using updated manikins for skills testing

Lesson 13: **written exam**

Administered during instructor-led course.

Taken online during blended-learning course (HeartCode BLS)

Instructors must get them from their TC

Students can miss only 4 to pass (84%) to pass

Exam is open source (book, internet, posters)

Exam is not open discussion

Instructor/TC determine time-limit within AHA compliance

Lesson 16: **remediation**

Also found in Part 3: Testing & Remediation of Instructor Manual

Discuss remediation options for written test

BREAK

INSTRUCTOR ESSENTIALS DVD

Practice skills testing with DVD

Review remediation steps for the scenarios in which the students fail

HEARTCODE BLS BLENDED-LEARNING COURSE (15 minutes)

INSTRUCTOR MANUAL

Review HeartCode BLS (blended-learning) Lesson Plans & note differences

Part 1 is online and includes the written exam

Student must bring printed course completion certificate to hands-on course

Review the 3 different course agendas for the hands-on portion

The 3-hour agenda - in the Instructor Manual & on Instructor Network

The 2.25-hour agenda - only on the Instructor Network.

The 70-minute agenda - only on the Instructor Network.

INSTRUCTOR ESSENTIALS DVD

Watch the HeartCode BLS demo

BLS PROVIDER COURSE CONCLUSION (5 minutes)

INSTRUCTOR MANUAL

Review Lesson Plan 12: **Conclusion**

Understand the following key points

- AHA policies & protocol
- Course Preparation & Paperwork
- Course formats & instructor materials
- BLS Lesson Plans & flexibility
- Testing & remediation
- HeartCode BLS

LUNCH BREAK

HEARTSAVER INSTRUCTOR-LED COURSES (50 minutes)

HSVR INSTRUCTOR MANUAL

Review the list of various Heartsaver course combinations in Part 1: Preparing for the Course - Portfolio Structures

Go to Heartsaver Lesson Plans (note that there is also a blended-learning format available)

Note the course format and Lesson Plans are similar to BLS course

First Aid skills are ALL instructor-led, not PWW

First Aid skills are tested immediately after each practice session

There are several built-in pauses in First Aid DVD for discussion due to high course content

Review Lesson 2: **Adult CPR**. Discuss key points:

- Students practice mouth-to-mouth and mouth-to-mask breaths
- Instructors lead AED review & practice
- Instructors lead “putting it all together” full CPR AED practice
- Heartsaver terminology is different than BLS terminology
- Heartsaver DVD has summary discussions at the end of full CPR AED sequences

Review Lesson 7: Naloxone. Intro to Naloxone is included in HSVR courses to raise public awareness due to the prevalence of opioid-overdose.

Written test for Heartsaver courses is optional but scoring is the same as in BLS course.

INSTRUCTOR ESSENTIALS DVD

Practice Heartsaver skills testing with scenarios on Instructor Essentials DVD

HEARTSAVER BLENDED LEARNING COURSES (10 minutes)

HSVR INSTRUCTOR MANUAL

Review Heartsaver Blended Lesson Plans

- Students must first complete online course and bring course completion certificate to skills session
- Review Part 4: Additional Resources for an overview of the skills covered in Heartsaver skills session
- Note that students must have ample skills practice prior to being tested on their skills

INSTRUCTOR ESSENTIALS DVD

Watch Heartsaver online demo

Note that there is no blended-learning specific Heartsaver DVD like HeartCode BLS Lesson Plans instruct you on how to incorporate Heartsaver DVD in skills session

HEARTSAVER STUDENT DVD

Observe how to navigate DVD menu options with Heartsaver Blended Learning Lesson Plans

BREAK

INSTRUCTOR RESOURCES (20 minutes)

AHA INSTRUCTOR NETWORK (AHA IN)

Create an Instructor Network account and align with your chosen Training Center

Ours: **City: Woodruff | State: Wisconsin | TC ID Wi20877 | Allied 100, LLC**

You will get your instructor ID number upon approval by the Training Center

We will need that ID number before we can turn in your completed instructor paperwork to complete the instructor certification process

You may align with a secondary TC

You will find course paperwork here EXCEPT WRITTEN EXAMS

You will issue your student course completion cards from your here.

You order your course completion cards from your TC. Your TC deposits them in your AHA IN inventory.

You can download and read the PAM here.

AHA adds all updates to the AHA IN. Check it regularly.

You can list your public classes on the AHA IN and communicate with students

AHA IN "My Classes". "Add a class"

TRAINING CENTER SPECIFIC POLICEIS

Course roster management and course completion cards – **TC SPECIFIC**

- Allied 100, LLC TC = instructors are set up with an Enrollware account by Mike Carlin to order course completions cards and submit completed course rosters
- Course completion cards are all electronic and are put into your AHA Instructor Network card inventory.
- Instructors issue their students' course completion cards from the AHA Instructor Network account.

Dispute resolution – **TC SPECIFIC**

Instructor contract (a.k.a. Alignment Agreement) – **TC SPECIFIC**

HOW AND WHERE TO GET OTHER TRAINING MATERIALS AND EQUIPMENT

Manikins, AED trainers, BVMs, mouth pieces, etc.

Online searches

Student books & DVDs

Channing-Bete; Laerdal; World Point; sometimes your TC

AmeriMed CPR TRAINING WEBSITE (<https://www.amerimedcpr.com/bls-cpr-instructor-resources/>)

Provides access to AHA course paperwork without any login.

CONCLUSION (30 minutes)

Continue to become familiar with all instructor materials and resources

Ask your final questions before taking the written exam

Remember, passing the written exam and being monitored within 6 months are your final steps to becoming an instructor.

INSTRUCTOR ESSENTIALS WRITTEN EXAM

Complete the written exam and course evaluations **TURN IN LOANER MANUALS**